



May 3, 2010

Dear Volunteer,

Please find the Medical Reserve Corps (MRC) training schedule enclosed for May through September 2010. As always, please feel free to attend any training that fits your schedule. You can attend trainings in any community. All trainings are free and CEUs/CMEs will be offered at many of the trainings, as noted. Please RSVP so that we can plan to have materials and refreshments for all participants. If you can not make a training at a particular date and time, please note that all courses will be offered again on the next training calendar. We will not be offering trainings in August.

I am happy to announce that we are offering many new trainings on this calendar. First Aid, Introduction to HAM Radio, Animal Handling/First Aid and the training on Rabies are all new. Please be aware that the new courses might fill up more quickly than others, so get your RSVPs in as soon as you can.

Some of these trainings are listed as tentative because we are still waiting to hear back from a few trainers. You may still reserve a space at these trainings. We will contact everyone who signs up to let them know if any changes have been made to that course. Courses with too few participants will be cancelled. You need to be signed up for a training to receive any update information or cancellation notices.

I have some more good news. You can now register for our trainings online! If you are interested in using our online registration please visit www.region4bvolunteer.org and choose the "click here to register for MRC events" option. A list of available courses will be listed once you leave the homepage. We are also able to accept online applications, so if you know of anyone who would like to join the MRC, please direct them to this site as well. You do not need a user name or password to access this site. However, the site will only recognize you as a volunteer when you use the name you used to join the MRC. So if you have recently had a name change, used a nickname or go by an alternative name, you may have problems using the online system for sign-ups. Please let me know if this should occur.

If you have any questions, concerns or would like to RSVP for training with me directly, please contact me at 617-665-3702 or Region4bMRC@challiance.org. Also, if your contact information has changed please send me your updated information as soon as possible.

I hope that you have an enjoyable summer!

Warm regards,

Alison

Alison Minkoff, MPH
Assistant Emergency Preparedness Coordinator, Region 4b

May

Wednesday, May 19, 2010

American Heart Association CPR Certification-Beginners CPR

5 pm to 7 pm

Hull High School

180 Main Street, Hull

CPR/AED Course. CPR basics to prepare a wide variety of people as first responders. Limited to 8 participants. To sign up contact Alison or register online at www.region4bvolunteer.org

Presenter: Kathe Hollingshead, RN

Thursday, May 20, 2010

Heartsaver First Aid Certification

6 pm to 8 pm

Hull High School

180 Main Street, Hull

This is the first time we have been able to offer First Aid. Basic First Aid Course covering illness, injury and environmental emergencies. To sign up contact Alison or register online at www.region4bvolunteer.org

Presenter: Kathe Hollingshead. Limited to 20 participants

June

Wednesday, June 2, 2010

Home Preparedness Training and New Member Orientation

7:00 pm to 9:00 pm

Newton City Hall, Room 222

1000 Commonwealth Ave, Newton

This training is for people who missed our new member orientation or people who want to take our wonderful Home Preparedness training. Home Preparedness training will begin at 7:45 p.m. Training description: Emergency preparedness begins at home. Come to this interactive program to learn about preparing yourself and your family for emergencies and how you can present this information to others in the community. This training covers: preparing to "shelter in place," developing an evacuation kit, and making a family communication plan. If you do not have an MRC emergency backpack, you will get yours this evening. Individuals may come to Orientation, Home Preparedness 101, or both trainings. Please RSVP online at www.region4bvolunteer.org or to Teresa Wood at 617-796-1427

Mondays starting June 7, 2010 (6 week program)

American Sign Language

2:30 pm to 4:00 pm or

5:00 pm to 6:30 pm (Beginner Classes)

6:30 pm to 8 pm (Advanced Class)

South Shore Hospital

55 Fogg Road at Rt. 18, Weymouth

Back by popular demand! Come learn ASL. Day classes will be held in the OB class room, side A.

Evening classes will be held in the Lab Conference Room located in the Little Center, 85 Columbian Street.

Presenter: Marianne Molinari. **To RSVP please call 781-340-8349 and let them know that you are an MRC volunteer.** CEUS available per 6-week course

Tuesday, June 8, 2010

Shelter Simulation Training

6:00 pm to 9:00 pm

Cohasset Town Hall, Basement Meeting Room

41 Highland Street, Cohasset

This is the second part to the Shelter Operations Class. Participants will get an in-depth look onto how to run a shelter and will get some time to put what they learned into practice. Prerequisite: Shelter Operations Training. **Please note:** This date is subject to change if a presenter cannot be secured by the date of the class. Please pre-register anyway you will be notified if the class needs to be cancelled. To sign up

contact Alison or register at www.region4bvolunteer.org

Presenter: American Red Cross

Wednesday, June 9, 2010

ICS-100/NIMS-700

6:30 pm to 8:30 pm

Brookline Health Department, Denny Room

11 Pierce Street, Brookline

The Incident Command System provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents. This is a classroom style training and you will be required to do some reading and writing. **Please note:** All volunteers must complete ICS-100 and NIMS-700. If you cannot attend the training offered you can take them online, see attached sheet. To sign up contact Alison or use www.region4bvolunteer.org

CEUS will be provided. Presenter: Alison Minkoff, MPH



Monday, June 21, 2010

American Heart Association CPR Certification-Beginners CPR

5:30 pm to 9:30 pm

Waban Library

1606 Beacon Street, Newton

Some parking is available in the Library parking lot. Additional parking is available on the Woodward St. and at the parking meters near the Waban T stop.

This is a course geared towards lay participants as well as health care workers. Adult and pediatric skills will be covered during this course. Day one (June 21) will cover CPR and AED training and day two (June 28) will be the First Aid portion of the course. Each day will be approx 4 hours of classroom time including a written and practical test. Those who wish to be Heartsaver CPR certified ONLY will need to come to day one of the course only. Those who would like to also be certified in First Aid MUST complete both class dates as CPR training is part of the First Aid curriculum. This entire two day course will train you on how to be able to manage illness and injuries in the first few minutes until professional help arrives. Your certifications will be valid for two years after the completion of this course. To sign up contact Alison or register online at www.region4bvolunteer.org

Instructors: Cataldo Ambulance Service

Thursday, June 24, 2010

American Heart Association CPR Certification

6:00 pm to 8:00 pm

George Dilboy VFW Post

371 Summer Street

CPR/AED Course. CPR basics to prepare a wide variety of people as first responders. Space is limited. To sign up contact Alison or register online at www.region4bvolunteer.org

Monday, June 28, 2010

Heartsaver First Aid Certification

5:30 pm to 9:30 pm

Waban Library

1606 Beacon Street, Newton

Please see the Newton June 21st course description.

July

Thursday, July 1, 2010

HAM Radio Operator-Introductory Training

6:00 pm to 8:00 pm

The America Legion

249 Broadway, Revere

HAM is slang for amateur radio operator. Having amateur radio operators on site is very important in an emergency, especially one where electricity has been knocked out. This presentation is a basic emergency



communications workshop for non-amateur radio operators. Join us to learn more and/or to find out how to become a certified HAM radio operator. To sign up contact Alison or use www.region4bvolunteer.org
Presenters: Rick and Kathy Savage

September

Wednesday, September 15, 2010

HAM Radio Operator-Introductory Training

6:30 pm to 8:30 pm

**Abigail Adams Middle School Auditorium
89 Middle Street, Weymouth**

HAM is slang for amateur radio operator. This multi-pronged presentation encompasses "how to use your radios", and is a basic emergency communications workshop for non-amateur radio operators. An explanation of the Amateur Radio Emergency Service and the Skywarn Spotter programs will be given. Join us to learn more and/or to find out how to become a certified HAM radio operator. Presenter: Carl Aveni

Thursday, September 23, 2010

Zoonotic Diseases-Rabies

6:00 pm to 7:30 pm

**Public Service Administration Building, Charles River Room
500 Dedham Ave, Needham**

In this 1.5 hour session, participants will learn about rabies in Massachusetts: how it spreads among animals, how it may spread to people, and how to prevent the spread of rabies. An assortment of risk scenarios will be discussed, including contact with animals most likely to spread rabies, which animals are most likely to carry rabies, and what to do when bats are found in the home. To sign up contact Alison or register online at www.region4bvolunteer.org

Presenter: Steve Fleming, Massachusetts Department of Public Health

Thursday, September 30, 2010 (TENTATIVE)

Small Animal Handling/First Aid

6:00 pm to 8:00 pm

Location TBD

Westwood

This combination course will discuss the basics of safe small animal handling, basic behavior, how to better "read" animals, the basics regarding the most common pet emergencies and how to recognize if something is wrong. Basic first aid for domestic pets will be discussed including CPR and bandaging. Live animals will be on hand for demonstration. A must for anyone desiring to work with animals during times of disaster. Participants will leave with a better understanding of animal handling and behavior and how to better protect themselves. To sign up contact Alison or register online at www.region4bvolunteer.org
Presenter: Amy Breton, Massachusetts Emergency Management Agency (MEMA)

October

Wednesday, October 6, 2010

Zoonotic Diseases-Rabies

6:00 pm to 7:30 pm

Dedham Town Hall

26 Bryant Street, Dedham

Please see above for course description.

On-line Trainings

1. University of North Carolina, School of Public Health
http://www.sph.unc.edu/nccphp/training/training_list/
2. University of Illinois at Chicago, School of Public Health <http://www.uic.edu/sph/prepare/>
3. State University of New York at Albany, School of Public Health
<http://www.ualbanycphp.org/default.cfm>
4. Columbia University, Mailman School of Public Health Basic Emergency Preparedness for all Public Health Workers—Only on-line course, very good introduction!!
<http://cpmcnet.columbia.edu/dept/sph/CPHP/>
5. University of Minnesota, Center for Public Health Preparedness, School of Public Health
<http://www.umncphp.umn.edu/courses.html>
6. ICS-100/NIMS-700, FEMA, <http://training.fema.gov/EMIWeb/IS/is100.asp> (ICS 100)
<http://www.training.fema.gov/emiWeb/IS/is700.asp> (NIMS 700).
7. Region 4b Orientation: <http://www.mahb.info/bmrc4b/event/registration.html>