



NEWTON RECREATION DEPARTMENT

**SUMMER SUBURBAN SWIM LEAGUE
DUAL MEET SCHEDULE**

2010 SUMMER SEASON

July	06	Tuesday	Medfield @ Newton
	08	Thursday	Newton @ Dedham
	13	Tuesday	Sherborn @ Newton
	15	Thursday	Newton @ Westwood
	20	Tuesday	<i>Framingham @ Newton</i>
	22	Thursday	Newton @ Needham (5:30 p.m. meet start)
	23	Friday	Mile Swim (5 girls/5 boys)
	27	Tuesday	Canton @ Newton
	29	Thursday	Newton @ Natick (5:30 p.m. meet start)
	31	Saturday	“B” Regionals @ Dedham (8:00 a.m. – 1:00 p.m.)
August	3	Tuesday	Norwood @ Newton
	5	Thursday	<i>Newton @ Walpole</i>
	<u>7</u>	<u>Saturday</u>	“A” Regionals @ Newton (8:00 a.m. – 3:00 p.m.)

Home meets begin at 6:00 p.m. Please have swimmers at the pool by 5:00 p.m. ready to help set up and warm up. Home meets end at approximately 7:15 p.m. AWAY Meets – Van leave Gath pool at 4:45 p.m. Please keep in mind we only have the occasional use of two city vans (transports 10 each) so please make every effort to contribute your fair share of the driving. We supply a map to an away meet one week in advance. We usually arrive back at Gath pool by 8:15 p.m. Please be sure to meet us there on time.

Championships – Please be sure to mark these dates on your calendar. Everyone swims for the team! To swim in the “B” Regional meet a swimmer must compete in 4 dual meets. To compete in the “A” Regional meet a swimmer must compete in 5 dual meets. Please make every effort to meet this requirement. You must also qualify by time for the “A” Regional meet. The team is counting on you!

MILE SWIM – Each team is allowed to send 5 girls and 5 boys to compete for a trophy in the girls, boys and overall team trophy. Points are awarded for the lowest scoring team. Medals awarded to the top 13 individual finishers in each division.

**If it rains or thunders before a meet or practice, call the Newton Recreation Department at 617-796-1500 or Gath Pool at 617-552-7129. Please let the phone ring at least 7 times for the recorded message at the Recreation office. You may call us at (617) 527-7177. If at all possible, practices and meets will be held in the rain.

If you are unable to attend a scheduled meet, please let the coaches know in advance so we can finalize our line-up before the meet begins. Any concerns or questions, please feel free to call us at home as our pool time is limited.

Mary & Scott Pohlman, NST Coaches