

Newton Recreation Indoor Lacrosse Program



2010



Mail in Registration Only

NEWTON INDOOR LACROSSE

Additional Application and Information is available at:

www.newtonlacrosse.com

www.ci.newton.ma.us/parks

Any Questions e-mail: Bussy Adam: TIGERLAX34@COMCAST.NET

Registration Fee:

- \$130/player (\$200/family)
- \$135 Non-Resident

(checks made payable to: NEWTON LACROSSE)
includes custom LAX reversible game shirt and recreation fees.

Recreation Lacrosse Schedule & Format:

MINOR GROUP 3-5PM
(GRADES 3rd-6th)

JUNIOR GROUP 5-7PM
(GRADES 7th-9th)

ALL Games for Minor and Junior Program will be played in the SOA
on Sundays from January 3rd through February 28th
Inexperienced players are welcome and encouraged to participate!!

SENIOR PROGRAM 7-9:45PM - Thursday's
(GRADES 10th-12th)

- ALL Games for Senior Program will be played in the SOA
on Thursdays from January 7th through March 4th .

There are limited spots available for senior program sign ups, prior registration is a requirement

Equipment Needed.

- Sticks, helmets, gloves, sneakers, pads, and mouth pieces are required.

**2010 - NEWTON RECREATION INDOOR LACROSSE
REGISTRATION APPLICATION & WAIVER**

NAME: _____ DOB: _____ Age: _____

ADDRESS: _____ CITY _____ ZIP _____

PHONE: () _____ Emergency Phone: () _____

SCHOOL: _____ GRADE: _____ Gender: _____

EMAIL: (print clearly) _____

Mail Registration forms & Check to:

(checks payable to) : **NEWTON LACROSSE
38 EDWARD RD.
NEWTON 02465**

Parental Consent Release from Liability and Indemnity for participation in the P&R Youth Lacrosse Program.

I/We, the undersigned father and mother, or guardian(s) of _____ a minor, do hereby consent to his/her participation in, the Newton Parks and Recreation Department Youth Lacrosse Program. I/We forever RELEASE, acquit, discharge and covenant to hold harmless the City of Newton, a municipal corporation of the Commonwealth of Massachusetts and its successors, departments, officers, employees, servants and agent, of and from any and all actions, caused of action, claims, demands, damages, cost, loss of services, expenses and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which I/We may now or hereafter have as the parent(s) of or guardian(s) of said minor, and also all claims or rights of actions or damages which said minor has or hereafter may acquire, either before or after his/her participation in the Youth Lacrosse Program. FURTHERMORE, I/We hereby agree to protect the City of Newton and its successors, departments, officers, employees, servants and agents against any and all claims for damages, compensation or otherwise on the part of said minor growing out of, or resulting from, injury to said minor in connection with his/her participation in the Youth Lacrosse Program and to INDEMNIFY, reimburse or make good to the City of Newton or its successors, departments, officers, employees, servants and agents any loss or damage or cost, including attorney's fees, the City of Newton or its representatives may have to pay if any litigations arise from said minor's participation in the Youth Lacrosse Program.

Signature of Parent or Guardian: _____ Date _____

THIS FORM MAY NOT BE ALTERED



Newton Recreation Indoor Lacrosse - 2010 (Recreation Program format & rules)

PROGRAM SCHEDULE & FORMAT

- MINOR LEAGUE 3PM-5PM (GRADES 3rd-6th)
- JUNIOR LEAGUE 5PM-7PM (GRADES 7th-9th)

ALL Sessions for Minor and Junior League will be played in the SOA on Sundays from January 3rd through February 28th. Coaches will organize Instructional Sessions prior to games!

- SENIOR LEAGUE 7-9:00PM - Thursday's (GRADES 10th-12th)

ALL Games for Senior League will be played in the SOA on Thursdays from January 7th through March 4th, 2010

****There are limited spots available for Senior League sign ups, pre registration required****

League Rules

- Helmets on at all times
- 5 players each (5 on 5 plus goalie)
- Live ball (walls are live, play the whistle)
- Equal pressure defense (NO COLLISION CONTACT).
- Beware of walls and other gym equipment.
- ABSOLUTELY NO PRE GAME SHOOTING. Coaches will warm up goalies.
- Anyone involved in fighting will be asked to leave.

Philosophy of Newton Indoor Lacrosse Program

- Learning experience for many.
- Coaches will organize Instructional Drills prior to games.
- Development of skills and knowledge of the game.
- Fine tuning (conditioning) for spring season.

NNHS Building Rules

- We represent the Recreation Program.
- Use main entrance on Hull Street at all times.
- Respect Recreation Staff.
- Cars are to be parked in legal spaces only. Respect the neighborhood and do not block driveways or park in areas marked no parking, fire lanes are to be maintained at all times at the school. Construction of the New High School is placing a burden on parking in the area, we recommend that you car pool whenever possible or be dropped off and picked up at that

appropriate time.

- Locker rooms/bathrooms are located by pool or on main street by gym main entrance.
- Water fountains are located in bathrooms and far end of gym.

Safety First

- No sticks or balls allowed in hallways or stairways.
- No shooting allowed during warm ups. Use the walls for “Wall Ball”.
- Have equipment on at all times.
- Report ALL Injuries Immediately (even the minor ones) to Coaching Staff.

Equipment

- All players should have a gym bag to store their personal belongings.
- Your street clothes/bags should be put on the mat or at far end of gym. Not in playing areas.
- Young players may use hockey helmets w/ steel cage.
- Mouth pieces, gloves, arm pads, shoulder pads (optional).
- Appropriate sneakers. **Bring a water bottle!!!!**
- Put your name on all of your equipment!!

QUESTIONS? Bussy Adam (617) 965-5451 or call NNHS Facility: (617) 796-1537 after 7PM

Inclement Weather Cancellations

- Inclement weather cancellations will be announced on the Newton Parks and Recreation web site at: www.ci.newton.ma.us/parks use the link to calendars and recreation programs and clinics.