

NEWTON RECREATION DEPARTMENT

DUAL MEET SCHEDULE

2009-2010 Winter Season

<u>2009</u>	<u>DAY</u>		<u>Warm up</u>	<u>Start</u>
December 06	Sunday	Tri-Valley @ Newton	3:00 p.m.	3:30
December 13	Sunday	Newton @ Natick (Keefe Tech)	3:30 p.m.	4:00
December 19	Saturday	Newton @ Brookline	1:30 p.m.	2:00
<u>2010</u>				
January 9	Saturday	Newton @ Framingham	9:30 a.m.	10:00
January 10	Sunday	Sudbury @ Newton	3:00 p.m.	3:30
January 24	Sunday	Dedham @ Newton	3:00 p.m.	4:00
January 31	Sunday	Wellesley @ Newton	3:00 p.m.	3:30
February 7	Sunday	Westboro @ Newton	1:00 p.m.	1:30
February 13	Saturday	Newton @ Westwood	2:30 p.m.	3:00
February 27	Saturday	“B” Champs @ Keefe Tech	8:00 a.m. – ?	
March 07	Sunday	“A” Champs @ Keefe Tech	8:00 a.m. - 5:00 p.m.	

HOME MEETS - Please be at the pool 15 minutes before each warm up time listed above and be ready to swim.

AWAY MEETS – We have the use of one City van for away meets. We are able to transport 9 swimmers. If you need a ride, please email us at least 48 hours in advance. We meet at NNHS Hull Street entrance at a designated time. We ask that all parents please do your fair share of driving. Directions are at the pool one week before an away meet. If you need a copy, one is posted in the NST glass bulletin board. **At away meets, no swimmer should enter the pool until a Newton coach arrives.** Please be at the pool ready to warm up at the noted time.

CHAMPIONSHIPS – Please mark these dates on your calendar. Everyone swims! **To swim in the championship meet each swimmer must compete in 5 dual meets.** Please make every effort to meet the requirement. The team is counting on you! Everyone receives ribbons for events swum. Cutoff times for the “A” meet are posted in the glass bulletin board. You must swim a time faster than the time posted. If you make one event in the “A” Champs, you will swim all your events in the “A” Champs.

***If it snows, please call the Recreation Department at 617-796-1500 or Newton North Pool at 617-796-1537. Please let the phone ring at least 7 times for a recorded message. I will also email any cancellations as soon as they are received. **Remember, if school is cancelled due to bad weather, a school Holiday or vacation means no practice.**

IF A SWIMMER IS UNABLE TO ATTEND A SCHEDULED MEET, WILL BE ARRIVING LATE OR LEAVING EARLY, please let us know in advance.

NST has a glass bulletin board outside the pool area (at the bottom of the pool stairs). Please check it periodically for changes in schedule or current notices.

Any questions please email anytime or call before 9:00 p.m.

Mary & Scott Pohlman, NST Coaches
H-617-527-7177
Email: newtonswimteam@gmail.com